



Vermont South
Neighbourhood House



Semester 2 2026

What's on!

Program Guide
Term 3 & Term 4



03 9803 2335
info@vsnh.org.au
www.vsnh.org.au

1 Karobran Drive
Vermont South
VIC 3133

Vision, Mission & Values

VISION - A community where all people belong.

MISSION - We are an inclusive hub that engages the community in opportunities to connect and improve wellbeing.

VALUES - Collaboration, Optimism, Inclusive, Responsive, Dynamic

Membership

Help us to fulfil our Vision and Mission by becoming a valued member of VSNH. Membership entitles you to:

- Attend General Meetings, including the AGM
- Apply to become a Board member
- Voting rights at the AGM
- Opportunities for your voice to be heard in the local community



Help Us Grow



We are constantly looking for ways to better serve Vermont South, and the best ideas often come from you! If you have a suggestion for a new activity, a skill you'd like to learn, or an event that would bring neighbours together, please step forward.

We are eager to hear from everyone - your creativity is what makes our community thrive. Please reach out to us at **9803 2335** or email **info@vsnh.org.au** to share your thoughts.

We gratefully acknowledge the support of the following:



Families,
Fairness
and Housing



Vermont South Neighbourhood House respectfully acknowledges the Aboriginal people as the traditional custodians of the land that we live, work and play on. We pay our respects to them and their cultures and to the Elders past and present.



Semester 2 2026

Welcome to Your Semester 2 Program Guide (July - Dec 2026)

We are delighted to share our latest program with you! Whether you're a long-time regular or a fresh face in our neighbourhood, Vermont South Neighbourhood House is a place where everyone belongs.

This semester is all about connection and discovery. From picking up a new skill to joining a community project or simply picking up a book at our Book Swap Library, there is something here to spark your interest.

Get involved your way:

- **Learn:** Explore our diverse range of courses and workshops.
- **Connect:** Join our social activities and community events.
- **Contribute:** Become a volunteer and help us grow.

Find out more: Visit www.vsnh.org.au to browse our full list of activities. If you have questions about venue hire, membership, or just want to say hello, our doors (and phone lines) are open 9:00am - 3:30pm M-F during school terms.

There is never a better time to start something new.

Come and say hello!

Enrolments

Enrolments are confirmed by payment of course fees via EFTPOS, credit card or direct debit.

- Fees are to be **paid in full** prior to commencement of the course
- If a course is cancelled by the House, a full refund will be provided
- Refunds will not be provided **once your place has been confirmed** and the course is confirmed to commence by the House.

Vermont South Neighbourhood House is a proud Learn Local provider. Learn Local providers deliver a range of quality endorsed and flexible Learn Local courses, providing opportunities for people to gain the skills and confidence to find work or continue their education and is funded by the Victorian Government through the Adult Community and Further Education (ACFE) Board.

The learner eligibility criteria outlined in the 2026 ACFE Training Delivery Guidelines states that to enrol in an ACFE Board funded pre-accredited program, the prospective learner must be:

- an Australian or New Zealand citizen, or
- a holder of an Australian permanent visa
- an Asylum seeker holding a valid visa that confers eligibility for Skills First training through the Asylum Seeker VET program
- 17 years of age and over and not enrolled at school or in an approved secondary school program (including at TAFE, RTO and Learn Locals)
- Under 17 and not enrolled at school with an exemption from school

Fee Information:

- Eligible Learners: Benefit from government-subsidised rates.
- Ineligible Applicants: You are still very welcome to join our courses! However, you will be charged the Full Fee price (which includes all manuals and materials).

Art as Therapy - Creative Community Connections 26EMPDESTA

*(No class 27 Oct & 3 Nov)

Term 3 Tuesday 21 Jul - 8 Sep 10:00am 12:30pm (8 weeks)

\$70

Term 4 *Tuesday 6 Oct - 8 Dec 10:00am 12.30pm (8 weeks)

\$70

Introduction to Barista & Coffee Making 26ENGIBCM

Term 4 TBA



\$50

Something New for 2026

Planning Ahead - A gentle introduction to end-of-life documentation

Term 3 Friday 7 Aug 10:00am - 12:00pm



\$30

Justice of the Peace Document Signing Service *(No session 3 Nov)

Term 3 Tuesday 14 Jul - 15 Sep 1:30pm - 3:30pm

Term 4* Tuesday 6 Oct - 8 Dec 1:30pm - 3:30pm



FREE

FREE

General Interest

French Conversation Classes - Intermediate Level *(No class 18 Sep)

Term 3* Friday 17 Jul - 11 Sep 10:00am - 12:00pm (9 weeks)

Term 4 Friday 9 Oct - 11 Dec 10:00am - 12:00pm (10 weeks)



\$216

\$240

Art & Craft

Drawing & Painting (BYO Materials)

Term 3 Thursday 16 Jul - 17 Sep 7:30pm - 9:30pm (10 weeks)

Term 4 Thursday 8 Oct - 10 Dec 7:30pm - 9:30pm (10 weeks)



\$220

\$220

Mosaics - Self Directed Group - No Tutor (BYO Materials)

Term 3 Friday 17 Jul - 18 Sep 9:00am - 2:00pm (10 weeks)

Term 4 Friday 9 Oct - 11 Dec 9:00am - 2:00pm (10 weeks)



\$100

\$100

Patchwork & Applique (BYO Materials)

Term 3 Wednesday 15 Jul - 16 Sep 9:30am - 12:00pm (10 weeks)

Term 4 Wednesday 7 Oct - 9 Dec 9:30am - 12:00pm (10 weeks)



\$240

\$240

FREE TECH HELP!

Get **FREE HELP** with computers, phones, or tablets

Each Monday from 10am—11am

Just call us on 9803 2335 to book in!

Health, Fitness & Wellbeing

Chair Yoga *(No class 17 Sep)

Term 3*Thursday 16 Jul - 10 Sep 1:30pm - 2:30pm (9 weeks) **\$171**

Term 4 Thursday 8 Oct - 10 Dec 1:30pm - 2:30pm (10 weeks) **\$190**



Meditation

Term 3 Wednesday 15 Jul - 16 Sep 7:00pm - 8:00pm (10 weeks) **\$100**

Term 4 Wednesday 7 Oct - 9 Dec 7:00pm - 8:00pm (10 weeks) **\$100**

Strength Training MONDAY *(No class 2 & 9 Nov)

Term 3 Monday 13 Jul - 14 Sep 1:00pm - 2:00pm (10 weeks) **\$170**

Term 4*Monday 5 Oct - 14 Dec 1:00pm - 2:00pm (9 weeks) **\$153**

Strength Training WEDNESDAY *(No class 4 & 11 Nov)

Term 3 Wednesday 15 Jul - 16 Sep 12:00pm - 1:00pm
or 1:00pm - 2:00pm (10 weeks) **\$170**

Term 4*Wednesday 7 Oct - 16 Dec 12:00pm - 1:00pm
or 1:00pm - 2:00pm (9 weeks) **\$153**



Tai Chi

Term 3 Monday 13 Jul - 14 Sep 9:30am - 10:30am (10 weeks) **\$170**

Term 4 Monday 5 Oct - 7 Dec 9:30am - 10:30am (10 weeks) **\$170**

Yoga & Relaxation MONDAY (BYO Yoga Mat)

Term 3 Monday 13 Jul - 14 Sep 8:00pm - 9:15pm (10 weeks) **\$190**

Term 4 Monday 5 Oct - 7 Dec 8:00pm - 9:15pm (10 weeks) **\$190**



Yoga & Relaxation WEDNESDAY (BYO Yoga Mat)

Term 3 Wednesday 15 Jul - 16 Sep 5:30pm - 6:45pm (10 weeks) **\$190**

Term 4 Wednesday 7 Oct - 9 Dec 5:30pm - 6:45pm (10 weeks) **\$190**

Children & Tweens



Sketching for Children/Tweens (Ages 8+) (Materials Included)

Term 3 Thursday 16 Jul - 17 Sep 4:00pm - 5:30pm (10 weeks) **\$220**

Term 4 Thursday 8 Oct - 10 Dec 4:00pm - 5:30pm (10 weeks) **\$220**

Social & Community Activities



Knit and Chat

Term 3 Monday 13 Jul - 14 Sep 1:00pm - 3:00pm (10 weeks) **\$25**

Term 4 Monday 5 Oct - 7 Dec 1:00pm - 3:00pm (10 weeks) **\$25**

Walking Group **TUESDAY** *(No class 3 Nov)

Term 3 Tuesday 14 Jul - 15 Sep 9.30am - 10.15am (10 weeks) **FREE**

Term 4* Tuesday 6 Oct - 8 Dec 9.30am - 10.15am (9 weeks) **FREE**

Walking Group **THURSDAY**

Term 3 Thursday 16 Jul - 17 Sep 9:30am - 10:15am (10 weeks) **FREE**

Term 4 Thursday 8 Oct - 10 Dec 9:30am - 10:15am (10 weeks) **FREE**



Other Services

Men's Wellbeing - Authentic Man Project®

For further information, contact Graham on 0419 572 023

authenticmanaus@gmail.com

Nepalese Association of Victoria (NAV) Hamro Nepali Pathshala (HNP) (Nepalese Community School of Language, Heritage and Culture)

For further information please contact: Pravin - 0450 451 548

nepali.pathshala100@gmail.com

Pilates

For further information please contact Jenny - 0410 404 419

jennymargeridis9@gmail.com

Shekinah Church Melbourne - Indonesian Church

For further information please contact Dave - 0430 507 119

admin@shekinahmelbourne.com www.shekinahmelbourne.org

St Andrews Greek Playgroup

For further information please contact: Helen - 0412 958 300

helenlambris@gmail.com

The Math Prospector - Tutoring

For further information please contact Shubham - 0477 557 656

math.prospector@gmail.com



Our Spaces



VENUE HIRE

Our large Function Room is uniquely versatile—perfect for family celebrations and social gatherings (excluding teenage and 21st parties), as well as large-scale meetings, educational programs, and conferences.

For smaller groups, our Green, Orange, Red, Art, and Café/Training Rooms provide the perfect backdrop for workshops, meetings, and community classes.

For all enquiries call us on **9803 2335** or email info@vsnh.org.au



Vermont South Neighbourhood House

**1 Karobran Drive
Vermont South Vic 3133**