



**Vermont South**  
Neighbourhood House



# Semester 1 2026

*What's on!*

**Program Guide**  
**Term 1 & Term 2**



03 9803 2335  
info@vsnh.org.au  
www.vsnh.org.au

1 Karobran Drive  
Vermont South  
VIC 3133

## Vision, Mission & Values

**VISION** - A community where all people belong.

**MISSION** - We are an inclusive hub that engages the community in opportunities to connect and improve wellbeing.

**VALUES** - Collaboration, Optimism, Inclusive, Responsive, Dynamic

## Membership

Help us to fulfil our Vision and Mission by becoming a valued member of VSNH. Membership entitles you to:

- Attend General Meetings, including the AGM
- Apply to become a Board member
- Voting rights at the AGM
- Opportunities for your voice to be heard in the local community



### Help Us Grow



We are constantly looking for ways to better serve Vermont South, and the best ideas often come from you! If you have a suggestion for a new activity, a skill you'd like to learn, or an event that would bring neighbours together, please step forward.

We are eager to hear from everyone - your creativity is what makes our community thrive. Please reach out to us at **9803 2335** or email **[info@vsnh.org.au](mailto:info@vsnh.org.au)** to share your thoughts.

We gratefully acknowledge the support of the following:



Families,  
Fairness  
and Housing



**Vermont South Neighbourhood House respectfully acknowledges the Aboriginal people as the traditional custodians of the land that we live, work and play on. We pay our respects to them and their cultures and to the Elders past and present.**



# Semester 1 2026

## Welcome to Your Semester 1 Program Guide (Jan – July 2026)

We are delighted to share our latest program with you! Whether you're a long-time regular or a fresh face in our neighbourhood, Vermont South Neighbourhood House is a place where everyone belongs.

This semester is all about connection and discovery. From picking up a new skill to joining a community project or simply picking up a book at our Book Swap Library, there is something here to spark your interest.

### Get involved your way:

- **Learn:** Explore our diverse range of courses and workshops.
- **Connect:** Join our social activities and community events.
- **Contribute:** Become a volunteer and help us grow.

Find out more: Visit [www.vsnh.org.au](http://www.vsnh.org.au) to browse our full list of activities. If you have questions about venue hire, membership, or just want to say hello, our doors (and phone lines) are open 9:00am - 3:30pm M-F during school terms.

**There is never a better time to start something new.**

**Come and say hello!**

## Enrolments

Enrolments are confirmed by payment of course fees via EFTPOS, credit card or direct debit.

- Fees are to be **paid in full** prior to commencement of the course
- If a course is cancelled by the House, a full refund will be provided
- Refunds will not be provided **once your place has been confirmed** and the course is confirmed to commence by the House.

Vermont South Neighbourhood House is a proud Learn Local provider. Learn Local providers deliver a range of quality endorsed and flexible Learn Local courses, providing opportunities for people to gain the skills and confidence to find work or continue their education and is funded by the Victorian Government through the Adult Community and Further Education (ACFE) Board.

The learner eligibility criteria outlined in the 2026 ACFE Training Delivery Guidelines states that to enrol in an ACFE Board funded pre-accredited program, the prospective learner must be:

- an Australian or New Zealand citizen, or
- a holder of an Australian permanent visa
- an Asylum seeker holding a valid visa that confers eligibility for Skills First training through the Asylum Seeker VET program
- 17 years of age and over and not enrolled at school or in an approved secondary school program (including at TAFE, RTO and Learn Locals)
- Under 17 and not enrolled at school with an exemption from school

## Fee Information:

- Eligible Learners: Benefit from government-subsidised rates.
- Ineligible Applicants: You are still very welcome to join our courses! However, you will be charged the Full Fee price (which includes all manuals and materials).

## Art as Therapy - Creative Community Connections 26EMPDESTA

**Term 1** Tuesday 3 Feb & 17 Mar 10:00am - 12:30pm **\$70**

Tuesday 10 Feb - 10 Mar 10:00am - 1:00pm (7 weeks)

**Term 2** Tuesday 28 Apr - 16 Jun 10:00am - 12:30pm (8 weeks) **\$70**

## Introduction to Barista & Coffee Making 26ENGIBCM

**Term 2** Wednesday 24 Jun 9:30am - 3:30pm (1 day)



**\$50**

## Something New for 2026

### Planning Ahead - A gentle introduction to end-of-life documentation

**Term 1** Tuesday 3 Feb - 24 Feb 10:00am - 11:00am

**Term 2** Wednesday 27 May 10:00am - 12:00pm



**\$70**

**\$30**

### Justice of the Peace Document Signing Service

**Term 1** Tuesday 3 Feb - 31 Mar 1:30pm - 3:30pm

**Term 2** Tuesday 21 Apr - 23 Jun 1:30pm - 3:30pm



**FREE**

**FREE**

## General Interest

### French Conversation Classes - Intermediate Level \*No class 3 Apr

**Term 1** \*Friday 6 Feb - 27 Mar 10:00am - 12:00pm (8 weeks)

**Term 2** Friday 24 Apr - 26 Jun 10:00am - 12:00pm (10 weeks)



**\$192**

**\$240**

## Art & Craft

### Drawing & Painting (BYO Materials)

**Term 1** Thursday 5 Feb - 2 Apr 7:30pm - 9:30pm (9 weeks)

**Term 2** Thursday 23 Apr - 25 Jun 7:30pm - 9:30pm (10 weeks)



**\$198**

**\$220**

### Mosaics - Self Directed Group - No Tutor (BYO Materials)

**\*No class 3 Apr**

**Term 1** \*Friday 6 Feb - 27 Mar 9:00am - 2:00pm (8 weeks)

**Term 2** Friday 24 Apr - 26 Jun 9:00am - 2:00pm (10 weeks)



**\$80**

**\$100**

### Patchwork & Applique (BYO Materials)

**Term 1** Wednesday 4 Feb - 1 Apr 9:30am - 12:00pm (9 weeks)

**Term 2** Wednesday 22 Apr - 24 Jun 9:30am - 12:00pm (10 weeks)



**\$216**

**\$240**

## **FREE TECH HELP!**

Get **FREE HELP** with computers, phones, or tablets

Each Monday from 10am—11am

Just call us on 9803 2335 to book in!

## Health, Fitness & Wellbeing

### Chair Yoga

**Term 1** Thursday 5 Feb - 2 Apr 1:30pm - 2:30pm (9 weeks) **\$171**

**Term 2** Thursday 23 Apr - 25 Jun 1:30pm - 2:30pm (10 weeks) **\$190**



### Meditation **\*No classes 4, 11 Feb & 27 May**

**Term 1** \*Wednesday 18 Feb - 1 Apr 7:00pm - 8:00pm (7 weeks) **\$70**

**Term 2** \*Wednesday 22 Apr - 24 Jun 7:00pm - 8:00pm (9 weeks) **\$90**

### Strength Training **MONDAY** **\*No classes 9 Mar & 8 Jun**

**Term 1** \*Monday 2 Feb - 30 Mar 1:00pm - 2:00pm (8 weeks) **\$136**

**Term 2** \*Monday 20 Apr - 22 Jun 1:00pm - 2:00pm (9 weeks) **\$153**

### Strength Training **WEDNESDAY**

**Term 1** Wednesday 28 Jan - 1 Apr 12:00pm - 1:00pm  
or 1:00pm - 2:00pm (10 weeks) **\$170**

**Term 2** Wednesday 22 Apr - 24 Jun 12:00pm - 1:00pm  
or 1:00pm - 2:00pm (10 weeks) **\$170**



### Tai Chi **\*No classes 9, 23 & 30 Mar & 8 Jun**

**Term 1** \*Monday 2 Feb - 16 Mar 9:30am - 10:30am (6 weeks) **\$102**

**Term 2** \*Monday 20 Apr - 22 Jun 9:30am - 10:30am (9 weeks) **\$153**

### Yoga & Relaxation **MONDAY (BYO Yoga Mat)** **\*No classes 9 Mar & 8 Jun**

**Term 1** \*Monday 2 Feb - 30 Mar 8:00pm - 9:15pm (8 weeks) **\$152**

**Term 2** \*Monday 20 Apr - 22 Jun 8:00pm - 9:15pm (9 weeks) **\$171**



### Yoga & Relaxation **WEDNESDAY (BYO Yoga Mat)**

**Term 1** Wednesday 4 Feb - 1 Apr 5:30pm - 6:45pm (9 weeks) **\$171**

**Term 2** Wednesday 22 Apr - 24 Jun 5:30pm - 6:45pm (10 weeks) **\$190**

## Children & Tweens



### Sketching for Children/Tweens (Ages 8+) (Materials Included)

**Term 1** Thursday 5 Feb - 2 Apr 4:00pm - 5:30pm (9 weeks) **\$198**

**Term 2** Thursday 23 Apr - 25 Jun 4:00pm - 5:30pm (10 weeks) **\$220**

## Social & Community Activities

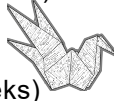


### **Knit and Chat \*No classes 9 Mar & 8 Jun**

**Term 1** \*Monday 2 Feb - 30 Mar 1:00pm - 3:00pm (8 weeks) **\$25**

**Term 2** \*Monday 20 Apr - 22 Jun 1:00pm - 3:00pm (9 weeks) **\$25**

### **Origami - Cards, Boxes and Decorations**



**Term 1** Tuesday 3 Feb - 31 Mar 1:00pm - 2:00pm (9 weeks) **\$25**

**Term 2** Tuesday 21 Apr - 23 Jun 1:00pm - 2:00pm (10 weeks) **\$25**

### **Walking Group TUESDAY**

**Term 1** Tuesday 3 Feb - 31 Mar 9.30am - 10.15am (9 weeks) **FREE**

**Term 2** Tuesday 21 Apr - 23 Jun 9.30am - 10.15am (10 weeks) **FREE**

### **Walking Group THURSDAY**



**Term 1** Thursday 5 Feb - 2 Apr 9:30am - 10:15am (9 weeks) **FREE**

**Term 2** Thursday 23 Apr - 25 Jun 9:30am - 10:15am (10 weeks) **FREE**

## Other Services

### **Nepalese Association of Victoria (NAV) Hamro Nepali Pathshala (HNP) (Nepalese Community School of Language, Heritage and Culture)**

For further information please contact: Pravin - 0450 451 548

**nepali.pathshala100@gmail.com**

### **Pilates**

For further information please contact Jenny - 0410 404 419

**jennymargeridis9@gmail.com**

### **Shekinah Church Melbourne - Indonesian Church**

For further information please contact Dave - 0430 507 119

**admin@shekinahmelbourne.com www.shekinahmelbourne.org**

### **St Andrews Greek Playgroup**

For further information please contact: Helen - 0412 958 300

**helenlambris@gmail.com**

### **Tatkaar Kathak Institute—Indian Dancing**

For further information please contact Shikha - 0450 228 954

**schhangani.sc@gmail.com**

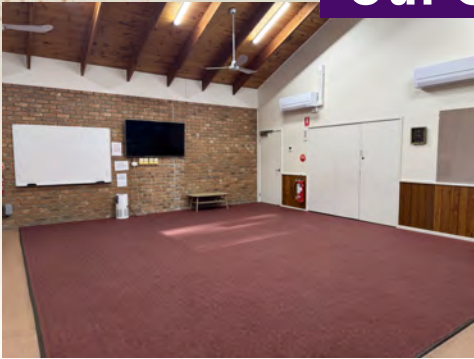
### **The Math Prospector—Tutoring**

For further information please contact Shubham - 0477 557 656

**math.prospector@gmail.com**



## Our Spaces



We have a variety of rooms available for meetings, family gatherings, parties, educational programs, conferences and most types of events (with the exception of teenage and 21<sup>st</sup> birthday parties).

For all enquiries call us on **9803 2335** or email [info@vsnh.org.au](mailto:info@vsnh.org.au)

# VENUE HIRE



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