



VERMONT SOUTH COMMUNITY CAFE

Catering menu

1 KAROBRAN DRIVE, VERMONT SOUTH

9803 2335

CAFE@VSNH.ORG.AU



Table of

CONTENTS

Finger sandwiches & Wraps	1
Vegetarian & Vegan Salads	2
Meat Salads	3
Party size cold food	4
Party size hot food	5
Sweet treats	6
Platters for Sharing	7
Ordering Information	9

About us

Our Chef & catering team have many years experience in catering for events, both large & small.

Let us help you plan a food experience to compliment the occasion.

FINGER SANDWICHES & WRAPS



- **Egg:** Hard boiled eggs & mayonnaise mix, parsley, chives, lettuce
- **Salad:** Avocado, cheese, tomato, cucumber, carrot, lettuce
- **Tuna:** Tuna mayonnaise mix, pickled cucumber, lettuce
- **Chicken:** Chicken mayonnaise mix, celery, avocado, lettuce
- **Salmon:** Smoked salmon, capers, red onion, rocket, cream cheese

SANDWICH/WRAP: \$7.50 EA (MINIMUM ORDER: 5PP)

MIX SANDWICH & WRAP PLATTER (FOR 10PP): \$100.00 (1 SANDWICH & 1/2 WRAP)

VEGETARIAN & VEGAN SALADS



- **Roasted vegetables:** Sweet potato, pumpkin, red onion, quinoa, kale, parsley, dry fruit, nuts, pomegranate dressing (V)
- **Broccoli:** Steamed broccoli & green beans or snow peas, kale, nuts, snow pea shoots, herbs, seeded mustard and apple cider vinegar
- **Potato:** Green beans, rocket, roasted red onion, Seeded mustard dressing
- **Asian style vermicelli noodle salad:** Green & red cabbage, carrots, snow peas, snow pea shoots, vermicelli noodle, mint, Vietnamese mint, dried shallots, sweet & sour Asian style dressing
- **Panzanella salad:** Fresh tomato, roasted eggplant & capsicum, fresh red onion, garlic croutons, parsley, basil, red wine vinegar
- **Cypriot style:** Freekeh grain, puy lentils, capers, almond, pine nuts, dried shallots
- **Greek style:** Fresh tomatoes, cucumber, red onion, fresh capsicum, cos lettuce, dried oregano, lemon dressing

ALL VEGETARIAN & VEGAN SALADS: \$7.50 (PER PERSON) – MIN ORDER – 5PP

SALAD PLATTER – ONE TYPE (SERVES 10PP): \$75.00

***ADD ROASTED CHICKEN BREAST (\$5.00 PER PERSON)**

OR BAKED SALMON FILLET (\$7.00 PER PERSON)

2

Vg - Vegan / **V** - Vegetarian/**GF** - Gluten Free

MEAT SALADS

- **Caesar style:** Cos lettuce, parmesan cheese, bacon, garlic croutons, cherry tomatoes, Caesar dressing
- **Chicken Waldorf salad:** Baked lemon & thyme pulled chicken, celery, apple sultanas, walnut, chives, creamy mayonnaise
- **Tuna Niçoise salad:** Cooked tuna in oil, potatoes, cherry tomatoes, red onion, green beans, spinach, black olives, hard boiled eggs, seed mustard dressing and Tuna mayonnaise sauce



ALL MEAT SALADS: \$8.50 (PER PERSON) - MIN ORDER - 5PP
MEAT SALAD PLATTERS - ONE TYPE - (SERVES 10PP): \$85.00

PARTY SIZE COLD FOOD

- Baba ganoush & Za'atar on a roasted sweet potato disk (Vg)
- Bruschetta bites (Vg)
- Eggplant escabeche on toast (Vg)
- Caprese Skewers (V)
- Zucchini, corn & cheese slice (V,GF)
- Spanish tortilla bites with Romesco sauce (GF)
- Creamy chicken salad on cucumber disk (GF)
- Salmon & potato bites with dill crème fraîche

ALL COLD FINGER FOOD: \$3.80 EACH - MIN ORDER 5PP (CHOICE OF 2 ITEMS)

PARTY SIZE COLD FOOD PLATTER (FOR 10PP): \$105.00 (30 ITEMS - YOUR CHOICE OF 3 DIFFERENT COLD FOOD ITEMS)



PARTY SIZE HOT FOOD

- Ricotta & spinach turnovers (V)
- Tofu & Pecan sausage rolls (Vg)
- Spiced cauliflower & chickpea samosas (Vg)
- Roasted Pumpkin & Mushroom Quiche (V)
- Quiche Lorraine
- Beef sausage rolls
- Beef empanadas
- Chicken, mushroom and leek turnovers
- Sicilian style meat balls with Napoli dipping sauce
- Baked spiced chicken wings with blue cheese dipping sauce (GF)
- Spiced chicken balls with Harissa yoghurt dipping sauce

ALL HOT FINGER FOOD: \$4.00 EACH - MIN ORDER 5PP
(CHOICE OF 2 DIFFERENT ITEMS)

PARTY SIZE HOT FOOD PLATTER (FOR 10PP): \$112.00 (30 ITEMS - YOUR CHOICE OF 3 DIFFERENT HOT FOOD ITEMS)





SWEET TREATS

- Chocolate fudge bites (GF)
- Milk Burfi
- Caramel & chocolate slices (GF)
- Lemon curd tart
- Orange mini cakes with lemon icing
- Rhubarb & Blueberry Almond slices (GF)
- Strawberry & Apricot kisses (Vg)
- Vegan Orange & Almond cake with Lemon Icing Vg)



ALL PARTY SIZE SWEETS: \$2.80 EACH - *VEGAN CAKE: \$3.30
MIN ORDER 5PP (CHOICE OF 2 DIFFERENT ITEMS)
PARTY SIZE SWEET PLATTER (FOR 10PP) \$75.00
(30ITEMS - YOUR CHOICE OF UP TO 3 DIFFERENT ITEMS)

PLATTERS FOR SHARING

Trio of Dips: \$60.00 (Serves 10pp) – Homemade Hummus (Vg), Baba ganoush (Vg) & Guacamole (Vg) served with toast and vegetable crudité

Cheese grazing box (Serves 10 pp): \$150.00

Consisting of 3 varieties of cheeses, biscuits, fresh and dried fruits, nuts

Sweet grazing boxes (Serves 10 pp): \$75.00

Consisting of 3 varieties of party size sweets (homemade).

Sweet & Cheese grazing boxes (Serves 10 pp): \$200.00

Consisting of 3 varieties of cheeses, biscuits, fresh and dried fruits, nuts & 3 varieties of party size sweets (homemade).

Fruit Platter: Consists of at least 5 different fruits: \$10.00 (per person) Min order 5pp. For orders 10pp or more: \$9.00 (per person)

Homemade Whole Cakes: Please enquire for details and pricing

Vg - Vegan / **V** - Vegetarian/**GF** - Gluten Free



VERMONT SOUTH COMMUNITY CAFE ~ A SOCIAL ENTERPRISE

OUR ONSITE CAFÉ OPENED IN MAY 2015 WITH THE AIM OF BRINGING OUR COMMUNITY TOGETHER TO SHARE IN EACH OTHERS INTERESTS IN A WELCOMING AND COMFORTABLE ENVIRONMENT, AND IS RUN AS A SOCIAL ENTERPRISE.

SOCIAL ENTERPRISES REINVEST THE MONEY THEY MAKE BACK INTO THEIR BUSINESS OR THE LOCAL COMMUNITY, WHICH ALLOWS THEM TO TACKLE SOCIAL PROBLEMS, IMPROVE PEOPLE'S OPPORTUNITIES, SUPPORT COMMUNITIES AND HELP THE ENVIRONMENT.

OUR CAFÉ SUPPORTS TRAINEES BY PROVIDING THEM WITH THE OPPORTUNITY TO PRACTICE NEW SKILLS AND GAIN CONFIDENCE AND INDEPENDENCE IN CUSTOMER SERVICE IN A FRIENDLY AND SUPPORTIVE ENVIRONMENT.

WE ARE WORKING WITH EMPLOYMENT AGENCIES TO ASSIST WITH THE PLACEMENT AND EMPLOYMENT OF TRAINEES.

OPEN WEEKDAYS, OUR MENU INCORPORATES HIGH QUALITY HOME STYLED FOOD AND A RANGE OF DELICIOUS BEVERAGES FOR YOUR ENJOYMENT.





ORDERING INFORMATION

Email cafe@vslc.org.au to book a time to visit or discuss your catering needs with us.

Our catering service provides food only & operates Monday - Friday (no beverages)

Hot food can be provided hot and ready to serve or customers can choose to heat food themselves. Please discuss this at time of booking.

A 50% deposit is required to secure the booking. Orders are not considered confirmed until the deposit has been received.

Final numbers and dietary requirements are to be confirmed 7 days prior to the event. The balance owing will be invoiced upon this confirmation and full payment of the order is required 2 days prior to the event date, unless other arrangements have been made previously .

We accept payment by credit card including Mastercard and Visa, (American Express is not accepted), and credit card surcharges apply. Our bank account details are located on each invoice for payment by direct transfer.

Cancellations:

Orders cancelled 7 or more days from the event will receive a refund less a \$30.00 admin fee.

Orders cancelled less than 7 days from the event will not be refunded the initial 50% deposit.





happy eating

Vermont South Community Cafe

1 Karobran Drive
Vermont South
www.vsnh.org.au

03 9803 2335
cafe@vsnh.org.au