



# **Vermont South**

Neighbourhood House

What's on!

# Semester 1 2026 Program Guide

Term 1 & Term 2



# Vision, Mission & Values

**VISION** - A community where all people belong.

**MISSION** - We are an inclusive hub that engages the community in opportunities to connect and improve wellbeing.

VALUES - Collaboration, Optimism, Inclusive, Responsive, Dynamic

# Membership

Help us to fulfil our Vision and Mission by becoming a valued member of VSNH. Membership which entitles you to:

- Attend General Meetings, including the AGM
- Apply to become a Board member
- Voting rights at the AGM
- Opportunities for your voice to be heard in the local community

# Volunteering

We are currently seeking enthusiastic volunteers. Volunteering is a great opportunity to brush up on skills in readiness for the workforce or to simply be with others in your community. No matter the reason, we would welcome you to become one of our volunteers.

Volunteer Roles include:

- Assistance with Community Events
- Community Gardening/Maintenance
- Computers & IT Support

Call us on 9803 2335 or send us an email to info@vsnh.org.au

We gratefully acknowledge the support of the following









Vermont South Neighbourhood House respectfully acknowledges the Aboriginal people as the traditional custodians of the land that we live, work and play on. We pay our respects to them and their cultures and to the Elders past and present.







# Semester 1 2026

Welcome to our Program Guide for Semester 1 (Jan to June 2026). We hope it will allow you to plan ahead and come along to join us at one or more of our activities.

As always, we welcome our current community members but love it when we meet those new to the area or new to our House.

We have many things available for you to participate in such as social activities, learning a new skill or begin a new journey of discovery. You can become involved as a volunteer, exchange books in our Street Library, join in on community projects and events— we have something to suit everyone.

Please visit our website www.vsnh.org.au for information about all of our courses and activities.

As always, should you have any questions about our courses, venue hire, membership or just want to have a chat, please feel free to contact us via email, phone or in person.

There is never a better time to start something new.

Come and say hello!

# **Enrolments**

Enrolments are confirmed by payment of course fees via EFTPOS, credit card, cash or direct debit.

- Fees are to be **paid in full** prior to commencement of the course
- If a course is cancelled by the House, a full refund will be provided
- Refunds will not be provided once your place has been confirmed and the course is confirmed to commence by the House

# Learn

#### **Learn Local - Funded Courses**

Learn Local are not for profit community organisations registered and funded by the Adult Community and Further Education Board (ACFE) on behalf of the Vicotrian Government.

Learn Local courses enable you to develop your skills in a wide range of areas, opening up employment and further education possibilities such as TAFE (or university) qualification and helping you better connect with your community.

# Eligibility criteria

Learn Local courses are available to a broad range of Victorians who are above compulsory school age and who are seeking to gain the educational capacity and core skills they need for further study, work, volunteering and life.

To be eligible to enrol in pre-accredited training participants must meet the following conditions:

- 17 and over and not enrolled at school or under 17 and not enrolled at school with exemption.
- Either an Australian citizen, a holder of an Australian Permanent Visa, a New Zealand citizen, or an Asylum Seeker holding a valid Visa that confers eligibility for Skills First Training under the the <u>Asylum Seeker VET program</u>

Ineligible applicants who wish to study Learn Local courses will be charged as full fee prices (including manuals & materials)

# Art as Therapy—Creative Community Connections 25EMPDESTA

Term 1 Tuesday 3 Feb - 31 Mar 10am - 12:30pm (8 weeks) \*No class 24 Mar

Term 2 Tuesday 28 Apr - To Jun Tuam - 12.30pm (8 weeks)	\$70
Introduction to Barista & Coffee Making 25ENGIBCM	
Term 2 Wednesday 24 Jun 9:30am - 3:30pm (1 day)	\$50

\$70



#### **General Interest**

Term 1 *Friday 6 Feb - 27 Mar 10am - 12pm (8 weeks) Term 2 Friday 24 Apr - 26 Jun 10am - 12pm (10 weeks)	\$192 \$240
Something New for 2026	
The Gift of Clarity - Planning Ahead Together Term 1 Tuesday 3 Feb - 24 Feb 10am - 11am (4 weeks)	\$70
Introduction to Gel Plate Printing Term 1 Thursday 5 Feb - 12 Mar 9:30am - 11:30am (6 weeks)	\$180
Justice of the Peace Document Signing Service Term 1 Tuesday 3 Feb - 31 Mar 1:30pm - 3:30pm (9 weeks) Term 2 Tuesday 21 Apr - 23 Jun 1:30pm - 3:30pm (10 weeks)	FREE FREE
We Want to Hear From You  Have a brilliant idea for a new activity?  A fun event that could bring our community  together? We're inviting YOU to step forward	ty

French Conversation Classes—Intermediate Level \*No class 3 Apr

Call us on 9803 2335 or email info@vsnh.org.au
We're eager to hear from everyone –
all ideas are welcome!

share your creativity with us!

# **Art & Craft**

Drawing & Painting (BYO Materials) Term 1 Thursday 5 Feb - 2 Apr 7:30pm - 9:30pm (9 weeks) Term 2 Thursday 23 Apr - 25 Jun 7:30pm - 9:30pm (10 weeks)	\$198 \$220
Mosaics—Self Directed Group—No Tutor (BYO Materials) Term 1 *Friday 6 Feb - 27 Mar 9am - 2pm (8 weeks) *No class 3 Apr Term 2 Friday 24 Apr - 26 Jun 9am - 2pm (10 weeks)	\$80 \$100
Patchwork & Applique (BYO Materials) Term 1 Wednesday 4 Feb - 1 Apr 9:30am - 12pm (9 weeks) Term 2 Wednesday 22 Apr - 24 Jun 9:30am - 12pm (10 weeks)	\$216 \$240
Health, Fitness & Wellbeing	
Chair Yoga Term 1 Thursday 5 Feb - 2 Apr 1:30pm - 2:30pm (9 weeks) Term 2 Thursday 23 Apr - 25 Jun 1:30pm - 2:30pm (10 weeks)	\$171 \$190
Meditation *No classes 4 & 11 Feb Term 1 *Wednesday 18 Feb - 1 Apr 7pm - 8pm (7 weeks) Term 2 Wednesday 22 Apr - 24 Jun 7pm - 8pm (10 weeks)	\$70 \$100
Strength Training MONDAY *No classes 9 Mar & 8 Jun Term 1 *Monday 2 Feb - 30 Mar 1pm - 2pm (8 weeks) Term 2 *Monday 20 Apr - 22 Jun 1pm - 2pm (9 weeks)	\$136 \$153
Strength Training WEDNESDAY  Term 1 Wednesday 28 Jan - 1 Apr 12pm - 1pm or 1pm - 2pm (10 weeks)  Term 2 Wednesday 22 Apr - 24 Jun 12pm - 1pm or 1pm - 2pm (10 weeks)	\$170 \$170
Tai Chi *No classes 9, 23 & 30 Mar & 8 Jun Term 1 *Monday 2 Feb - 16 Mar 9:30am - 10:30am (6 weeks) Term 2 *Monday 20 Apr - 22 Jun 9:30am - 10:30am (9 weeks)	\$102 \$153
Yoga & Relaxation MONDAY (BYO Yoga Mat) No classes 9 Mar & 8 Jun Term 1 *Monday 2 Feb - 30 Mar 8pm - 9:15pm (8 weeks) Term 2 *Monday 20 Apr - 22 Jun 8pm - 9:15pm (9 weeks)	\$152 \$171
Yoga & Relaxation WEDNESDAY (BYO Yoga Mat) Term 1 Wednesday 4 Feb - 1 Apr 5:30pm - 6:45pm (9 weeks) Term 2 Wednesday 22 Apr - 24 Jun 5:30pm - 6:45pm (10 weeks)	\$171 \$190
Children & Tweens	
Sketching for Children/Tweens (Ages 8+) (Materials Included) Term 1 Thursday 5 Feb - 2 Apr 4pm - 5:30pm (9 weeks) Term 2 Thursday 23 Apr - 25 Jun 4pm - 5:30pm (10 weeks)	\$198 \$220

# **Social & Community Activities**

#### Knit and Chat No classes 9 Mar & 8 Jun

Term 1 *Monday 2 Feb - 30 Mar 1pm - 3pm (8 weeks)	\$25
Term 2 *Monday 20 Apr - 22 Jun 1pm - 3pm (9 weeks)	\$25
Origami—Cards, Boxes and Decorations	

Term 1 Tuesday 3 Feb - 31 Mar 1pm - 2pm (9 weeks)	\$25
<b>Term 2</b> Tuesday 21 Apr - 23 Jun 1pm - 2pm (10 weeks)	\$25

#### **Walking Group TUESDAY**

<b>Term 1</b> Tuesday 3 Feb - 31 Mar 9:30am - 10:15am (9 weeks)	FREE
<b>Term 2</b> Tuesday 21 Apr - 23 June 9:30am - 10:15am (10 weeks)	FREE

#### Walking Group THURSDAY

<b>Term 1</b> Thursday 5 Feb - 2 Apr 9:30am - 10:15am (9 weeks)	FREE
<b>Term 2</b> Thursday 23 Apr - 25 Jun 9:30am - 10:15am (10 weeks)	<b>FREE</b>

## FREE TECH HELP!

Get FREE HELP with computers, phones, or tablets Each Monday from 10am—11am

Just call us on 9803 2335 to book in!

#### Other Services

Nepalese Association of Victoria (NAV) Hamro Nepali Pathshala (HNP) (Nepalese Community School of Language, Heritage and Culture) For further information please contact: Ram — 0420 353 007

nepali.pathshala100@gmail.com

#### **Pilates**

For further information please contact Jenny—0410 404 419 jennymargeridis9@gmail.com

## Shekinah Church Melbourne-Indonesian Church

For further information please contact Dave-0430 507 119 admin@shekinahmelbourne.com www.shekinahmelbourne.org

# St Andrews Greek Playgroup

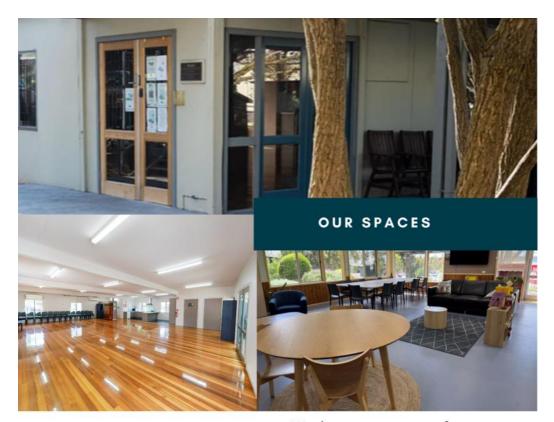
For further information please contact: Helen—0412 958 300 helenlambris@gmail.com

## Tatkaar Kathak Institute—Indian Dancing

For further information please contact Shikha—0450 228 954 schhangani.sc@gmail.com

# The Math Prospector—Tutoring

For further information please contact Shubham—0477 557 656 math.prospector@gmail.com



# **VENUE** HIRF

**Vermont South** 

We have a variety of rooms available to hire for meetings, family gatherings, parties, educational programs, conferences, and most types of events (with the exception of teenage and 21st parties). For all enquiries, please contact us on 9803 2335 or email info@vsnh.org.au

Vermont South Neighbourhood House 1 Karobran Drive, Vermont South 9803 2335 - info@vsnh.org.au Neighbourhood House